COVID-19 EYE SAFETY TIPS

Do you know that Coronavirus can spread through the eyes? It can cause SORE EYES and may be transmitted through droplets.

Here is what you need to know:

COVID-19 CAN PRESENT AS SORE EYES WITH COUGH, FEVER AND SHORTNESS OF BREATH + HISTORY OF TRAVEL to areas with attributed 19 (China, Italy, Japan, and South Korea), or with family members back from these countries.

PROTECT YOURSELF!
If you are wearing contact lenses, switch to glasses for now.

Wearing glasses will add a layer of protection to your eyes.

AVOID RUBBING YOUR EYES.
To prevent entry of the virus to your body, avoid close contact with sick people by: stay at least 6 feet away and avoid touching your mouth, nose and eyes. Wash your hands often with soap and water for at least 20 seconds, or use hand sanitizer with 70% alcohol.

IF WITH EYE PROBLEMS, CALL THE NEAREST EYE CLINIC OR SEND A MESSAGE TO YOUR FRIENDLY OPHTHALMOLOGIST.

IF DUE FOR CONSULT, EXPECT CHANGES TO YOUR ROUTINE EYE EXAM.
During a slit-lamp exam, the doctor’s face will be just a few inches away from yours. Rest assured that your eye doctor follows strict disinfection guidelines.

EYE CARE HEALTH ADVISORY for COVID-19

COVID-19 can present with SORE EYES in 21-35% of cases.

Transmission can occur via exposure to infected tears or eye secretions.

Avoid touching your eyes and tears. Practice judicious hand hygiene and social distancing.

RECOMMENDATIONS

EYE SYMPTOMS ONLY

Consult the nearest available eye doctor if you have no improvement to high-risk persons or areas.

FLU-LIKE SYMPTOMS WITH NO HISTORY OF EXPOSURE

Self Quarantine if you have eye symptoms become severe.

FLU-LIKE SYMPTOMS AND (1) Direct Exposure to COVID-19 (2) Patient (1-2) / High Risk Areas (3) Recent Travel Abroad with 14 Days

Proceed to the nearest equipped medical facility for evaluation.

HYDROXYCHLOROQUINE AND CHLOROQUINE

Do not use if you are pregnant or lactating or have eye disease. Consult the nearest available eye doctor if you have no improvement to high risk persons or areas.

Chloroquine and Hydroxychloroquine may cause eye disorders: vision loss, color disturbances. If symptoms occur, discontinue and consult your eye doctor immediately.